

JUMP Annual Report 2022

JUMP (Jesus Use My Potential) - our Youth Group for senior school aged young people across the Grasmoor Mission Community.

As we returned from Christmas at the start of 2022, JUMP initially returned to zoom while the Covid levels were a bit higher and also it was so dark and cold. But before long we were back in the Church Rooms in person for great fun together every fortnight.



Through the spring and summer we tended to explore the same theme as the morning's readings at church through fun activities from creating our own hills (well through contour lines) to explore our lives, to planting sunflowers and painting stones. We also had some really powerful reflections including one where we explored all our senses which included eating Chocolate (of course), feeling the texture of a pocket cross, and breathing in a spring scented air freshener.

As we entered the summer, we changed the format slightly, while still meeting fortnightly on Sunday evenings, each month we had an "out and about" JUMP session and a bible based session continuing to look at the same readings as the church service, in the church rooms. The out and about sessions are all about helping the young people get to know each other whilst also having fun and learning new things, these evenings included canoeing on Derwentwater ([video here](#)), to Bushcraft (a "sparking" [video here](#)) to Bell ringing at All Saints ([video here](#)), a tour of

Cockermouth Mountain Rescue, a scavenger hunt in Harris Park and a walk up Ling Fell.

A feature of JUMP currently is the age profile we have a number of 11-13 year olds and a number of 16-18 year olds. Creating evening bible based sessions accessible and relevant for both ends of senior school age and the various stages of their faith journeys has meant that the our older JUMPers have shared they are finding it quite tough to engage with due to the "energetic young ones". With this in mind we have decided that while JUMP will remain a 11-18 group for those of sixth form/ college age (16+), from Easter we will invite them to Lighthouse our Young Adults group (see separate update) to help support them in their physical and faith journey through the later teen years.

Looking forward into 2023, the plan is to continue the same format of meeting fortnightly with one session each month being an activity of some form and the other bible based. In April we have our weekend away at St Johns in the Vale and also in the summer we will be saying goodbye to Lucy as she moves on with Adrian (Team Vicar) from Cockermouth. This leaves us in a position where we need at least one more leader from September to be able to continue to offer this extremely valuable group to our young people. The majority of our current group call JUMP their church and are not actively engaged with Sunday services, so it really is an essential offering within the mission community. If you, or anyone you know, may be interested in helping with JUMP from September, or earlier in the year, please do get in touch with Robert via jumpyouthgroup@gmail.com the more helpers the better.

Also if you know anyone currently year 7-13 (11-18 yrs) who may be interested in joining JUMP please do encourage them to check out our web page here

<https://cockermouthareachurches.church/jump/>

Please do keep JUMP and our leaders in your prayers as we journey into 2023.

