

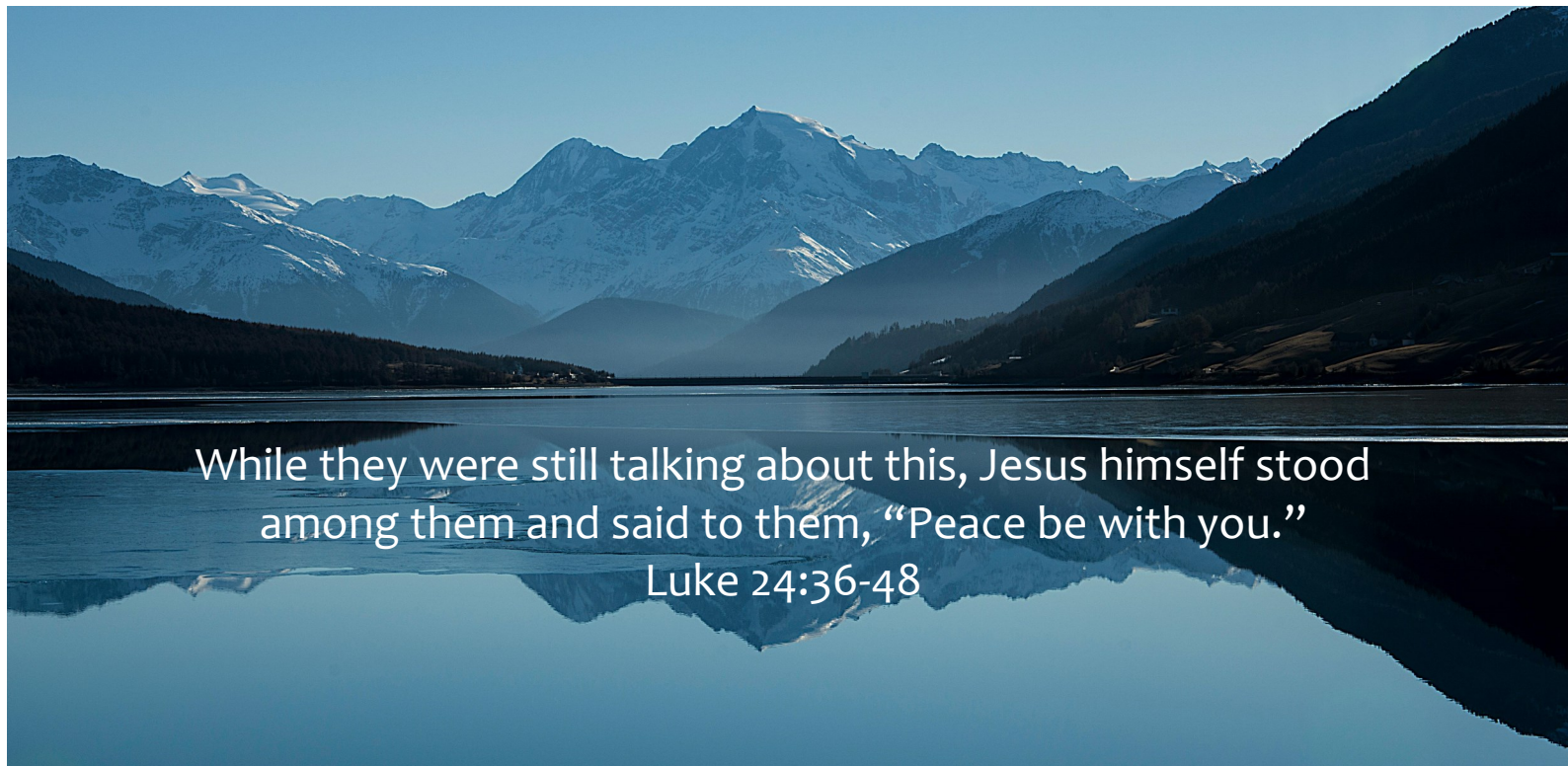
# Welcome to Christ Church Cockermouth



Where faith grows...

Children's Church | Home Groups | Prayer Groups | Messy Church | JUMP Youth Group | Lighthouse | Tea@3 | Thursday@Noon | Coffee Morning

## Welcome to our Christ Church Newsletter for April 14th 2024



While they were still talking about this, Jesus himself stood among them and said to them, "Peace be with you."  
Luke 24:36-48



**Seeking Shalom**  
for Israel and Palestine  
Saturday 20<sup>th</sup> April 9.30 am – 1 pm  
Christ Church Cockermouth

worship ... fellowship ...  
presentation by Archdeacon  
Stewart Fyfe ... discussion ...  
refreshments ... prayer

# Lakes GOSPEL CHOIR



Lakes Gospel Choir May 11th 2024

Tickets now available

[cockermouthareachurches.church/](http://cockermouthareachurches.church/)

#LGCCconcert

**CRAFTY LUNCH CLUB**

ALL WELCOME

Third Thursday of every month

Craft Activity

A Light Lunch **12-2pm**

A Good Chat

A Christian Thought For The Day

2024

Feb 15th	March 21st
April 18th	May 16th
June 20th	July 18th

Christ Church Community Hall  
South Street  
Cockermouth  
CA13 9RU

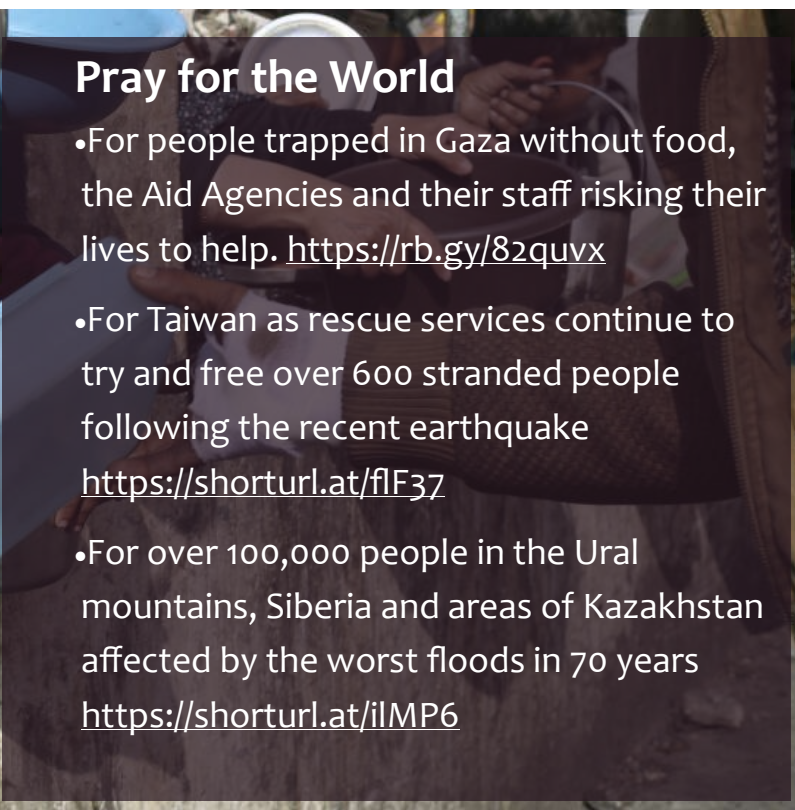
## CTICA Lent Lunches

Thank you to all those who supported the Lent Lunches.  
The lunches were free with 'donations if you can' to Christian Aid  
and £720.18 was raised.



## Pray for the World

- For people trapped in Gaza without food, the Aid Agencies and their staff risking their lives to help. <https://rb.gy/82quvx>
- For Taiwan as rescue services continue to try and free over 600 stranded people following the recent earthquake <https://shorturl.at/flF37>
- For over 100,000 people in the Ural mountains, Siberia and areas of Kazakhstan affected by the worst floods in 70 years <https://shorturl.at/ilMP6>



Christ Church Cockermouth continues to work towards the silver level award.

<https://ecochurch.arocha.org.uk/>

## Sustainable Coffee Drinking

Reduce coffee cup waste by investing in a reusable coffee mug. Buy an **aluminium** mug not plastic. Did you know that recycling **aluminium** uses up to 95% less energy than producing new **aluminium** from raw materials. As a result its estimated that nearly 75% of all **aluminium** ever produced is still in use today.

### Coffee Morning Tombola and Raffle Prizes

The Coffee Morning team would be very grateful for any donations for the monthly Saturday Coffee Morning Raffle and Tombola Stalls to raise funds for Christ Church.



Available after the 10am Service



Please ask the service leader

## Community Events at Christ Church

Christ Church is used by a wide range of organisations. See below upcoming events and a list of the weekly activities and events.

### Future Events

April 20th Seeking Shalom  
May 11th The Lakes Gospel Choir  
July 5th - 7th Cockermouth Live  
July 13th Castlegate Singers  
November 16th West Lakeland Orchestra

### Regular Weekly Activities

#### Monday

13:00 Age UK

16:00 Divas Dance

#### Tuesday

09:15 Movement with Miriam

12:45 Exercise and Movement

16:00 Taekwon-do

18:15 Scottish Country Dancing Club

20:00 Barley Hop Ceilidh Club (Monthly)

#### Wednesday

10:00 Tai Chi Age UK

14:30 Dance Parkinsons

19:00 Guides

#### Thursday

17:30 Karate

#### Friday

11:00 Age UK Seated Exercise

13:00 Cosy Club

#### Saturday

16:00 Karate

### Bookings and Enquiries

If you would like to contact any of the above or book the Church or Community Hall please contact Sue via [gmcoffice@grasmoor.church](mailto:gmcoffice@grasmoor.church) or mobile 07593 265593 or

Roger via [cccwardenrp@grasmoomc.church](mailto:cccwardenrp@grasmoomc.church) or mobile 07807 779989

## Our Sunday Services

**8:30am A Quiet Reflective Spoken Service** of Morning Prayer. Holy Communion is on a third Sunday and uses the Book of Common Prayer (BCP).

**10:00am Family friendly Service of Morning Worship.** Holy Communion is on a third Sunday.

This service is available as a livestream via our [YouTube channel](#) where it will remain available for 2 months. The live stream should be available around 10 minutes before the service starts.

All are welcome to either or both our services.



### 1<sup>st</sup> and 3<sup>rd</sup> Sundays

Children's Church is in the Church Rooms with children leaving the main service after the first song and returning usually during the last song.

**2<sup>nd</sup> Sundays** families are invited to our Messy Church from 4pm.

**4<sup>th</sup> Sundays** we enjoy an all age hybrid café style service with activity tables down each side of church.



Next  
[Messy Church](#)  
is on 14th April  
**4pm - 6pm**

## JUMP YOUTH GROUP

J E S U S U S E M Y P O T E N T I A L

Jump Youth Group for 11-18 year olds is an active fun group through which young people share their lives in Jesus. JUMP meets fortnightly on Sunday evenings (7pm til 8:30pm) during term time. Please email Robert on [jumpyouthgroup@gmail.com](mailto:jumpyouthgroup@gmail.com) or visit the [Jump webpage](#).



**Lighthouse** young adults' group for 16-30s meets fortnightly on **Monday** evenings from **19:30-21:00** on zoom.

[lighthousecockermouth@gmail.com](mailto:lighthousecockermouth@gmail.com)

[Lighthouse webpage](#).

### Pray for our Community

Our midweek prayer group at Christ Church normally meets on Tuesdays at 2.00pm in the church and lasts about an hour.

#### In your own prayer time please pray -

- For children and staff going back to school after the Easter break
- For farmers working long hours lambing
- For Together at Two and DeWoDe

Just a reminder if you have a prayer request you can email our prayer team on [cccprayers@grasmoormc.church](mailto:cccprayers@grasmoormc.church)

Please do get in touch if there is anything you need help with or would just like a chat.

May God bless you and keep you safe. Cath, Roger and Gareth.

[Roger Pritchett](#) 07807 779989.

[Cath Soulsby](#) 01900 827315

[Gareth Browning](#) 07456 084207